

# HIVE Activity Plans for 9/10-9/14

## FALL SESSION BEGINS MONDAY, SEPTEMBER 10<sup>TH</sup>!

FOP Lodge is not available for our use on 9/12 & 9/13.  
Those will be community outing days.

DAY	PLANNED ACTIVITY	NEED TO KNOW
MONDAY SEPT 10	Floral Arrangements & Care Packages for nursing homes; Yoga	We will learn principles of floral design to create floral arrangements. These will be used in care packages given to local nursing homes. After lunch, we will have Yoga class with Beshka
WEDNESDAY SEPT 12	community outing to Downing Museum & Baker Arboretum  Pack your lunch and we'll picnic in the garden!  FOP Lodge is not available	We will tour the art museum and the garden and trails of the Arboretum. Address is 4801 Morgantown Rd.  Museum and arboretum are handicap accessible, but some areas have gravel and steps. Feel free to bring books, games, crafts, etc. to enjoy while we picnic in the garden!
THURSDAY SEPT 13	Visit Bob Kirby library IDEA LAB  FOP Lodge is not available	We will visit the Bob Kirby Library and have the opportunity to use the Idea Lab there to create posters, buttons, tshirts, pottery, etc. <b>There is a cost for these items and it varies. Other areas of library are FREE!</b>

**Possible Skills/Goals addressed:** volunteerism & community service, engaging in community events and activities, engaging in cultural activities, developing social skills, maintaining appropriate social boundaries & etiquette, maintaining friendships, developing hobbies & special interests, learning skills needed for vocation, nutrition & health, finding free or low cost activities for budgeting and money management, following directions and/or written instructions, improving skills related to reading, language, communication or academics, etc.

# HIVE Activity Plans for 9/17-9/21

**DON'T FORGET: TUES. SEPT 19<sup>TH</sup> HIVE SPIRIT NIGHT  
@ PIZZA HUT!!!** Nashville Rd.

DAY	PLANNED ACTIVITY	NEED TO KNOW
<p><b>MONDAY</b> <b>SEPT 17</b></p>	<p><b>Woodworking, Clay bowls</b></p> 	<p>We will learn skills needed for woodworking and create either a circle shelf or a ruler basket, OR you can create bowls and figures with clay.</p> <p><i>Please bring a hammer if you can!</i></p>
<p><b>WEDNESDAY</b> <b>SEPT 19</b></p>	<p><b>Class led by Center for Accessible Living; Karaoke &amp; Games</b></p>	<p><b>Participate in a class led by the Center for Accessible Living on topics including self-advocacy, disability rights, vocational skills and job readiness and other skills for living independently. After lunch, games &amp; karaoke with friends!</b></p>
<p><b>THURSDAY</b> <b>SEPT 20</b></p>	<p><b>Cooking, Independent Living Skills</b></p>	<p>We will be cooking a meal together, and then doing a variety of activities and workbooks to practice skills and encourage discussion about various skills needed for independent living.</p>

**Possible Skills/Goals addressed:** learn skills needed for woodworking, practice following instructions and written directions, increase self-expression and creativity, learn about advocacy and become a self-advocate, connecting with available resources and agencies in the community, learn skills needed for vocations and job readiness, cooking, nutrition, kitchen safety, food storage, writing and fine motor skills, personal hygiene, chores & household cleaning, laundry, money management and budgeting, etc.

# HIVE Activity Plans for 9/24-9/28

## Don't forget: BG Night Market Saturday, Sept 29<sup>th</sup>!

We need some HIVE members to help set up our booth, greet customers, complete sales, etc.!! We will be selling our soaps, candles, bath bombs, wood crafts, tshirts and stickers. **The BG Night Market takes place at Stadium Park Plaza, and is FREE to the community. There are a variety of vendors, artists, craftsmen, performers, student groups and organizations there to conduct commerce, spread awareness, and make BG awesome!**

DAY	PLANNED ACTIVITY	NEED TO KNOW
MONDAY SEPT 24	Music Exploration;  Yoga	We will explore different types of music and musical instruments, as well as use music to express emotions and thoughts and practice social skills  Yoga with Beshka after lunch
WEDNESDAY SEPT 26	Make products to sell at BG Night Market	We will be making and packaging soaps, candles, bath bombs and other products to sell at BG Night Market on Saturday.
THURSDAY SEPT 27	Make products to sell at BG Night Market	We will be making and packaging products to sell at BG Night Market on Saturday and preparing for Night Market booth.

**Possible Skills/Goals addressed:** self-expression & communication, health & fitness, coping skills like breathing and meditation, personal hygiene, practice following instructions and written directions/ using a recipe, developing hobbies and special interests, opportunity to practice vocational skills, etc.